













**Bangers & Mash** with green beans

**Veggie Bangers** & Mash with green beans

Quiche

**Cheese & Tomato** with roasties and fresh veg

**Roast Chicken** 

and Stuffing

with roasties, fresh

veg & gravy

Bean & **Sweetcorn Burrito** with oven baked wedges broccoli & salsa

THURSDAY

Mexican

**Chicken Wrap** 

with oven baked

wedges

broccoli & salsa

AROUND THE

Vegetable **Dippers** with chips & baked beans

FRIDAY

**Golden Fish** 

**Fingers** 

(Salmon or

Pollock)

with chips & peas

## Fresh Pasta and Tomato Sauce available every day

Filled Jackets and freshly made sandwiches are also available

Pineapple & **Chocolate Sauce** 

**Pork and Whole** 

**Grain Pasta** 

**Bolognese** 

with green salad

**Cheese & Tomato** 

Pitta Pizza

with green salad

**Marble Sponge** Cake

**Jelly & Fruit** 

**Oat Cookie** 

**WEEK COMMENCING:** 04/09, 25/09, 16/10

Fresh Bread, Yoghurt and Fruit are available daily

**Carrot Cake** 









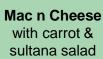




## MONDAY



Margherita Pizza with carrot & sultana salad





## TUESDAY



**Hot Dog** with wedges & sweetcorn



& sweetcorn

**Summer Veg Tart** with roasties fresh veg & gravy

**Roast Gammon** 

with roasties

fresh veg & gravy

**Sweet Vegetable** Curry with whole grain rice

THURSDAY AROUND THE

**Chicken Curry** 

with whole grain

rice



Filled Jackets and freshly made sandwiches are also available

Vanilla Cup Cake

Chocolate **Brownie** 

**Peaches** & Ice Cream



**Golden Fish Fingers** (Salmon or Pollock) with chips & beans



**Lemon Cookie** 

Fresh Bread, Yoghurt and Fruit are available daily













**Cheese & Tomato Baguette Pizza** with sweetcorn

Veggie **Bolognese** with whole grain pasta

& sweetcorn

All In One Veggie Sausage & Cheesy Potato Bake with carrots

fresh veg & gravy

Vegetable **Fingers** with chips & beans

TUESDAY WEDNESDAY



All In One **Roast Chicken** Sausage & Cheesy & Stuffing **Potato Bake** with roasties with carrots fresh veg & gravy

> Vegetable **Pastry Plait** with roasties

Fresh Pasta and Tomato Sauce available every day Filled Jackets and freshly made sandwiches are also available

**Chinese Omelette** with whole grain rice & 5 spice cauliflower

THURSDAY

**Chicken Tikka** 

Masala

with whole grain

rice

AROUND THE

FRIDAY

**Golden Fish** 

**Fingers** 

(Salmon or

Pollock)

with chips & beans

**Banoffee Dessert** 

Vanilla Sprinkle Sponge

**Rice Crispie** Cake

**Apple Sponge** Cake

**Flapjack** 

**WEEK COMMENCING:** 18/09, 09/10

Fresh Bread, Yoghurt and Fruit are available daily

