

DINE

WITH MIQUILL

WEEK ONE

DINE

Main Meal

DINE

Vegetarian



Sweet Options

MONDAY



Pork and Whole Grain Pasta Bolognese
with green salad

Cheese & Tomato Pitta Pizza
with green salad

Pineapple & Chocolate Sauce

TUESDAY



Bangers & Mash
with green beans

Veggie Bangers & Mash
with green beans

Carrot Cake

WEDNESDAY



Roast Chicken and Stuffing
with roasties, fresh veg & gravy

Cheese & Tomato Quiche
with roasties and fresh veg

Marble Sponge Cake

THURSDAY



Mexican Chicken Wrap
with oven baked wedges broccoli & salsa

Bean & Sweetcorn Burrito
with oven baked wedges broccoli & salsa

Jelly & Fruit

FRIDAY



Golden Fish Fingers
(Salmon or Pollock) with chips & peas

Vegetable Dippers
with chips & baked beans

Oat Cookie

Fresh Pasta and Tomato Sauce available every day

Filled Jackets and freshly made sandwiches are also available

Fresh Bread, Yoghurt and Fruit are available daily

WEEK COMMENCING:
04/09, 25/09, 16/10



DINE

WITH MIQUILL

WEEK TWO

DINE

Main Meal

DINE

Vegetarian

Dessert
STOP

Sweet Options

MONDAY



Margherita Pizza
with carrot &
sultana salad

Mac n Cheese
with carrot &
sultana salad

Apple Crumble

TUESDAY



Hot Dog
with wedges
& sweetcorn

**Veggie Burger
in a Bun**
with wedges
& sweetcorn

Vanilla Cup Cake

WEDNESDAY



Roast Gammon
with roasties
fresh veg & gravy

Summer Veg Tart
with roasties
fresh veg & gravy

**Chocolate
Brownie**

THURSDAY



Chicken Curry
with whole grain
rice

**Sweet Vegetable
Curry**
with whole grain
rice

**Peaches
& Ice Cream**

FRIDAY



**Golden Fish
Fingers**
(Salmon or
Pollock)
with chips
& beans

**Cheesy Bean
Wrap**
with chips

Lemon Cookie

Fresh Pasta and Tomato Sauce available every day

Filled Jackets and freshly made sandwiches are also available

Fresh Bread, Yoghurt and Fruit are available daily

WEEK COMMENCING:

11/09, 02/10, 23/10



DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian

Dessert
STOP

Sweet Options

MONDAY



**Cheese & Tomato
Baguette Pizza**
with sweetcorn

**Veggie
Bolognese**
*with whole grain
pasta
& sweetcorn*

Banoffee Dessert

TUESDAY



**All In One
Sausage & Cheesy
Potato Bake**
with carrots

**All In One Veggie
Sausage & Cheesy
Potato Bake**
with carrots

**Vanilla Sprinkle
Sponge**

WEDNESDAY



**Roast Chicken
& Stuffing**
*with roasties
fresh veg & gravy*

**Vegetable
Pastry Plait**
*with roasties
fresh veg & gravy*

**Rice Crispie
Cake**

THURSDAY



**Chicken Tikka
Masala**
*with whole grain
rice*

Chinese Omelette
*with whole grain
rice &
5 spice cauliflower*

**Apple Sponge
Cake**

FRIDAY



**Golden Fish
Fingers**
*(Salmon or
Pollock)
with chips
& beans*

**Vegetable
Fingers**
*with chips
& beans*

Flapjack

Fresh Pasta and Tomato Sauce available every day
Filled Jackets and freshly made sandwiches are also available

WEEK COMMENCING:
18/09, 09/10

Fresh Bread, Yoghurt and Fruit are available daily

